

Older Adult Health Fair

Friday, May 20, 2016

8:30 am to 12:00 pm

Joslyn Community Center
1601 Valley Drive, Manhattan Beach, CA 90266

Sponsored by:



**FREE
SCREENINGS OFFERED:**

“Ask the Care Manager”

Anemia

Blood Pressure

Bone Density

Chair Yoga

Cholesterol

Dermatology

Glucose

Hearing

Low Vision Consultation

Lung Capacity

Oral Cancer Check

Pharmacy

Vision

- Lunch at Noon
- Lunchtime entertainment by, Richard Bates
- Bingo and door prizes from 12:30 to 1:30 PM
- Parking is available on Valley Drive and at the post office parking lot along the corner of Valley Drive and 15th Street. Guests may also park at American Martyrs Church parking lot (off of Laurel Ave.) and take the Dial-A-Ride shuttle to and from the health fair.
- Transportation for residents of Manhattan Beach provided by Dial-A-Ride: (310) 545-3500
- For more information, please contact the Parks and Recreation Department: (310) 802-5448
- Please bring used eyeglasses and sunglasses to the Joslyn Center lobby desk. They will be repaired and recycled and given to someone who needs them.

Doppler Test
(stroke screening)

\$20

by appointment only.
(310) 802-6177 ext. 1112

VOLUNTEER ASSISTANCE PROVIDED BY:



**OlderAdults
Program**
CITY OF MANHATTAN BEACH



www.sbfhc.org

www.citymb.info