

34th Annual Senior Citizen Health Fair

Free Screenings For Ages 55 +

- Anemia/Hemoglobin (SBFHC)
- Acupressure
- Blood Pressure
- Bone Density
- Cholesterol
- Driver Rehabilitation
- **Flu Shots (All Ages) (LACDHS)**
- Guided Meditation (4 sessions)
- Glucose Screening
- Hearing
- Oral Cancer
- Pulmonary (Lung Capacity)
- Vision

Friday

November 4, 2016

9:00 am—12:00 noon

Nakaoka Community Center

1670 W. 162nd Street

Gardena, CA 90247

FLU SHOTS

Available For All Ages

10:00 am to 12:00 pm

Additional Screenings:

Doppler Stroke Screening: \$20.00

Call Luz at SBFHC at 310-802-6177, ext. 1101
to schedule an appointment

Lunch Available:

For 60 years & over: for a
suggested donation of \$2.75. Under 60 years: \$5.00

**To reserve a Lunch ~ served from 11:00 a.m. to
12:00noon**

CALL (310) 217-9552

BINGO AFTER LUNCH for Seniors

The Health Fair is sponsored by the **City of Gardena in
Partnership with South Bay Family Health Care.**

This project funded in part by the Area Agency on Aging through the
Older American Act of 1965

www.sbfhc.org

Our Providers/Sponsors



Bon Acupuncture & Moxa Clinic

