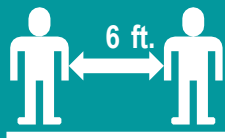


# LA County Road to Recovery

## REDUCE YOUR RISK OF COVID-19 OUTSIDE THE HOME

### CHOOSE WISELY - AVOID THE THREE C'S



- **CONFINED SPACES** - especially with poor ventilation. Outdoors is better than indoors.
- **CROWDS** - the more people the higher the risk.
- **CLOSE CONTACT** - staying further apart is safer than being close together.

**THE MORE C'S, THE HIGHER THE RISK!!**

### TAKE STEPS TO REDUCE YOUR RISK



- Wash your hands often
- Wear a cloth face covering around others
- Avoid touching your face
- Avoid sharing food, drinks, toys, sports equipment
- Avoid or clean surfaces that are touched by others
- Increase ventilation - go outside, open windows
- Keep interactions with others short
- Give yourself space from others

### PLAN AHEAD



- Stay informed - check online or call and ask about safety measures before going to a restaurant, place of worship, salon or gym
- Be flexible - be willing to change activities to avoid the three C's